



Dear Parents,

Each Wednesday, we will be offering Bicycling on the NCR Trail as an activity. The children and their bicycles will be transported by camp vehicles to the White Hall Station. Depending on the ability level of the group participants, bikers will head North toward PA or South toward Monkton Station.

At Nature Camps we try to accommodate all ages and abilities; however, bikes with training wheels are not permitted on NC bike rides. Please judge your child's ability.

All children must wear an approved helmet (look for the sticker). The helmet should fit snugly. If it slides around on the child's head, it should be adjusted. A bell is required on the NCR Trail.

All children MUST carry 2 quarts of drinking water. Children will NOT be permitted to participate in the bike trip without water.

All bicycles should be in good working condition. Please check the brakes, steering, tire inflation, and chain. If you are unsure, arrive early and we will check it for you.

Parents are responsible for transporting bicycles to and from camp. Staff will be available to assist in unloading and loading bicycles. You are welcome to keep your child's bike at NC during your child's camp sessions.

My child, _____, has permission to participate in the camp activity "Bicycling on the NCR Trail" during the 2018 camp season.

I have checked my child's helmet and bike for safety and proper fit.

Parent Signature

Date